

# Hal E. Hershfield

Anderson School of Management  
University of California, Los Angeles  
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<http://www.anderson.ucla.edu/faculty/hal.hershfield>

## ACADEMIC POSITIONS

- 2020 – present      UCLA Anderson Board of Advisors Endowed Term Chair in Management
- 2019 – present      Associate Professor of Psychology, UCLA
- 2017 – present      Associate Professor of Marketing and Behavioral Decision Making  
Anderson School of Management, UCLA
- 2014 – 2017          Assistant Professor of Marketing  
Anderson School of Management, UCLA
- 2011 – 2014          Assistant Professor of Marketing  
Stern School of Business, New York University
- Affiliated Appointment in Psychology, New York University
- 2009 – 2011          Postdoctoral Fellow and Visiting Assistant Professor  
Kellogg School of Management, Northwestern University

## EDUCATION

- 2009      Ph.D.      Psychology, Stanford University  
                            Thesis: Thinking About Tomorrow: The Role of Time Horizons in  
                            Emotional Experience and Intertemporal Decision-Making  
                            Committee: Laura Carstensen (chair), Brian Knutson, Lee Ross, Al  
                            Bandura
- 2001      B.A.          Psychology and English, *Magna Cum Laude*, Tufts University

## RESEARCH INTERESTS

Judgment and decision making, consumer financial decision-making, behavioral economics, long-term thinking, time perspective, temporal discounting, mixed emotions, well-being

## AWARDS AND HONORS

- 2021          Niedorf “Decade” Teaching Award
- 2021          Behavioral Science and Policy, Honorable Mention Best Paper Award
- 2018          Citibank Teaching Award
- 2017          Eric and “E” Juline Faculty Excellence in Research Award
- 2017          George J. Robbins Assistant Professor Teaching Award
- 2017          *Poets & Quants* 40 Under 40 Top Business School Professors
- 2017          Fellow, Society for Experimental Social Psychologists

- 2011 Association for Psychological Science Rising Star Award  
2011 Kellogg School of Management Teaching Impact Award  
2008 Theoretical Developments in Social Gerontology Best Paper (award finalist),  
Gerontological Society of America  
2008 Albert H. and Barbara Hastorf Award for Teaching, Stanford University  
2006 Stanford University Centennial Teaching Assistant Award  
2004 – 2007 Bay Area Affective Science Training Program  
2001 Joanne Mary Sullivan Award for Psychology, Department of Psychology, Tufts  
University

#### PEER REVIEWED JOURNAL ARTICLES PUBLISHED

1. Sharif, M. A., Mogilner, C., & Hershfield, H. E. (in press). Having too little or too much discretionary time is linked to lower subjective well-being. *Journal of Personality and Social Psychology*.
2. Maglio, S. J. & Hershfield, H. E. (in press). Pleas for patience from the cumulative future self. A commentary on Ainslie. *Behavioral and Brain Sciences*.
3. Kappes, H. B., Gladstone, J. J., & Hershfield, H. E. (in press). Beliefs about whether spending implies wealth. *Journal of Consumer Research*.
4. Walters, D. J., & Hershfield, H. E. (2020). Consumers make different inferences and choices when product uncertainty is attributed to forgetting rather than ignorance. *Journal of Consumer Research*, 47(1), 56-78.
5. Hershfield, H. E., Shu, S., & Benartzi, S. (2020). Temporal reframing and participation in a savings experiment: A field experiment. *Marketing Science*, 39(6), 1039-1051.
6. Maglio, S. J., Wong, O., Rabaglia, C. D., Polman, E., Reich, T., Huang, J. Y., Hershfield, H. E., & Lane, S. P. (2020). Perceptions of collaborations: How many cooks seem to spoil the broth? *Social Psychological and Personality Science*, 11(2), 236-243.
7. Hershfield, H. E., & Maglio, S. (2020). When does the present end and the future begin? *Journal of Experimental Psychology: General*, 149(4), 701-718.
8. Greenberg, A.E., Sussman, A.B., & Hershfield, H. E. (2020). Financial product sensitivity predicts financial health. *Journal of Behavioral Decision Making*, 33(1), 15-26.
9. Reiff, J. S., Hershfield, H. E., & Quoidbach, J. (2020). Identity over time: Perceived similarity between selves predicts well-being ten years later. *Social Psychological and Personality Science*, 11(2), 160-167.
10. Hershfield, H. E., & Alter, A. L. (2019). On the naturalistic relationship between mood and entertainment choice. *Journal of Experimental Psychology: Applied*, 25(3), 458-476.
11. Meyer, M. L., Hershfield, H. E., Waytz, A. G., Mildner, J., & Tamir, D. I. (2019). Creative expertise is associated with transcending the here and now. *Journal of Personality and Social Psychology*, 116(4), 483-494.

12. Greenberg, A. E. & Hershfield, H. E. (2019). On shifting consumers from high-interest to low-interest debt. *Financial Planning Review*, 2(1), e1035.
13. Greenberg, A. E. & Hershfield, H. E. (2019). Financial decision making. *Consumer Psychology Review*, 2(1), 17-29.
14. Hershfield, H. E. (2019). The self over time. *Current Opinion in Psychology*, 26, 72-75.
15. Hershfield, H. E., John, E. M., & Reiff, J. S. (2018). Using vividness interventions to improve financial decision making. *Policy Insights from the Behavioral and Brain Sciences*, 5(2), 209-215.
16. Rutchick, A. M., Slepian, M. L., Reyes, M. O., Pleskus, L. N., & Hershfield, H. (2018). Future self-continuity is associated with improved health and increases exercise behavior. *Journal of Experimental Psychology: Applied*, 24, 72-80.
17. Mogilner, C., Hershfield, H.E., & Aaker, J. (2018). Rethinking time: Implications for well-being. *Consumer Psychology Review*, 1, 41-53.
18. Dwyer, R., Dunn, E., & Hershfield, H. E. (2017). Cousins or conjoined twins: How different are meaning and happiness in everyday life? *Comprehensive Results in Social Psychology*, 1-17.
19. Hershfield, H.E. & Alter, A.L. (2017). Context matters: How macroeconomic forces may alter the reception of negative emotions in art. A commentary on Menninghaus, et al. *Behavioral and Brain Sciences*, 40.
20. Madrian, B., Hershfield, H.E., Sussman, A.B., Bhargava, S., Huettel, S., Jamison, J., Johnson, E., Meier, S., Rick, S., & Shu, S. (2017). Policy applications of behavioral insights to household financial decision-making. *Behavioral Science & Policy*, 3, 27-40.
21. Larsen, J.T., Hershfield, H.E., Stastny, B.J., & Hester, N. (2017). On the relationship between positive and negative affect: Their correlation and co-occurrence. *Emotion*, 17, 323-336.
22. Goldstein, D.G., Hershfield, H.E., & Benartzi, S. (2016). The illusion of wealth and its reversal. *Journal of Marketing Research*, 53, 804-813.
23. Hershfield, H.E.\*, Mogilner, C.\*, & Barnea, U. (2016). People who choose time over money are happier. *Social Psychological and Personality Science*, 7, 697-706.
24. Hershfield, H.E.\*, Sussman, A.B.\*, O'Brien, R.L., & Bryan, C.J. (2015). Leveraging psychological insights to encourage the responsible use of consumer debt. *Perspectives on Psychological Science*, 10, 749-752.
25. Tully, S.M., Hershfield, H.E., & Meyvis, T. (2015). Seeking lasting enjoyment with limited money: Financial constraints increase preference for material goods over experiences," *Journal of Consumer Research*, 42, 59-73.
26. Venkatraman, V., Dimoka, A., Pavlous, P., Vo, K., Hampton, W., Bollinger, B., Hershfield, H.E., Ishihara, M., & Winer, R. (2015). Predicting advertising success beyond traditional measures: New insights from neurophysiological methods and market response modeling. *Journal of Marketing Research*, 4, 436-452.

27. Van Gelder, J-L, Luciano, E., Kranenbarg, M., & Hershfield, H.E. (2015). Friends with my future self: A longitudinal vividness intervention reduces delinquency. *Criminology*, *53*, 1-22.
28. Waytz, A., Hershfield, H.E.\*, & Tamir, D.I.\* (2015). Mental simulation and meaning in life. *Journal of Personality and Social Psychology*, *108*, 336-355.
29. Hershfield, H.E. & Roese, N.J. (2015). Dual payoff warnings on credit card statements elicit suboptimal payoff decisions. *Journal of Consumer Psychology*, *25*, 15-27.
30. Alter, A.\* & Hershfield, H.E.\* (2015). Still good evidence for that people search for meaning when they approach a new decade in chronological age. *Proceedings of the National Academy of Sciences*, *112*, E1171.
31. Alter, A.\* & Hershfield, H.E.\* (2014). People search for meaning when they approach a new decade in chronological age. *Proceedings of the National Academy of Sciences*, *111*, 17066-17070.
32. Hershfield, H.E., Bang, H.M., & Weber, E.U. (2014). National differences in environmental concern and performance predicted by country age. *Psychological Science*, *25*, 152-160.
33. van Gelder, J-L, Hershfield, H.E., & Nordgren, L.F. (2013). Vividness of the future self predicts delinquency. *Psychological Science*, *24*(6), 974-980.
34. Hershfield, H.E., Scheibe, S., Sims, T., & Carstensen, L.L. (2013). When bad can be good: Mixed emotions benefit physical health outcomes across the life span. *Social Psychological and Personality Science*, *4*(1), 54-61.
35. Bryan, C.J. & Hershfield, H.E. (2012). You owe it to yourself: Boosting retirement saving with a responsibility-based appeal. *Journal of Experimental Psychology: General*, *141*(3), 429-432.
36. Adler, J.\* & Hershfield, H.E.\* (2012). Mixed emotional experience is associated with and precedes improvements in psychological well-being. *PLoS ONE*, *7*(4), 1-10.
37. Hershfield, H.E., Cohen, T., & Thompson, L. (2012). Short horizons and shady situations: When lack of continuity to our future selves leads to unethical behavior. *Organizational Behavior and Human Decision Processes*, *117*, 298-310.
38. Hershfield, H.E. (2011). Future self-continuity: How conceptions of the future self transform intertemporal choice. *Annals of the New York Academy of Sciences*, *1235*(2011), 30-43.
39. Hershfield, H.E., Goldstein, D.G., Sharpe, W.F., Fox, J., Yeykelvis, L., Carstensen, L.L., & Bailenson, J. (2011). Increasing saving behavior through age-progressed renderings of the future self. *Journal of Marketing Research*, *48*, S23-S27.
40. Carstensen, L.L., Turan, B., Scheibe, S., Ram, N., Ersner-Hershfield, H., Samanez-Larkin, G.R., Brooks, K., & Nesselroade, J.R. (2011). Emotional experience improves with age: Evidence based on over 10 years of experience sampling. *Psychology and Aging*, *26*(1), 21-33.
41. Ersner-Hershfield, H., Galinsky, A., Kray, L., & King, B. (2010). Country, company, connections: Counterfactual origins increase patriotism, organizational commitment, and social investment.

*Psychological Science*, 21(10), 1479-1486.

42. Zhang, X., Ersner-Hershfield, H., & Fung, H.H. (2010). Age differences in poignancy in two different cultures: Cognitive reappraisal as a moderator. *Psychology and Aging*, 25(2), 310-320.
43. Levitt, J., Kubicki, M., Nestor, P.G., Ersner-Hershfield, H., Westin, C.F., Alvarado, J.L., Kikinis, R., Jolesz, F.A., McCarley, R.W., & Shenton, M.E. (2010). A diffusion tensor imaging study of the anterior limb of the internal capsule in schizophrenia. *Psychiatry Research: Neuroimaging*, 184(3), 143-150.
44. Ersner-Hershfield, H., Carvel, D.S., & Isaacowitz, D.M. (2009). Feeling happy and sad, but only seeing the positive: Poignancy and the positivity effect in attention. *Motivation and Emotion*, 33(4), 333-342.
45. Ersner-Hershfield, H., Garton, M.T., Ballard, K., Samanez-Larkin, G.R., & Knutson, B. (2009). Don't stop thinking about tomorrow: Individual differences in future self-continuity account for saving. *Judgment and Decision Making*, 4(4), 280-286.
46. Ersner-Hershfield, H., Wimmer, G.E., & Knutson, B. (2009). Neural evidence for self-continuity in temporal discounting. *Social Cognitive and Affective Neuroscience*, 4(1), 85-92.
47. Ersner-Hershfield, H., Mikels, J. A., Sullivan, S., & Carstensen, L. L. (2008). Poignancy: Mixed emotional experience in the face of meaningful endings. *Journal of Personality and Social Psychology*, 94, 158-67.
48. Kuroki, N., Shenton, M.E., Salisbury, D.F., Hirayasu, Y., Onitsuka, T., Ersner-Hershfield, H., Yurgelun-Todd, D., Kikinis, R., Jolesz, F.A., & McCarley, R.W. (2006). Middle and inferior temporal gyrus matter volume abnormalities in first-episode schizophrenia: An MRI study. *American Journal of Psychiatry*, 163, 2103-2110.
49. Kubicki, M., Maier, S.E., Westin, C.F., Mamata, H., Ersner-Hershfield, H., Estepar, R., Kikinis, R., Jolesz, F.A., McCarley, R.W., & Shenton, M.E. (2004). Comparison of single-shot echo planar and line scan protocols for diffusion tensor imaging. *Academic Radiology*, 11(2): 224-232.
50. Kubicki, M., Westin, C.F., Maier, S.E., Mamata, H., Frumin, M., Ersner-Hershfield, H., Kikinis, R., Jolesz, F.A., McCarley, R.W., & Shenton, M.E. (2002). Diffusion tensor imaging and its application to neuropsychiatric disorders. *Harvard Review of Psychiatry*, 10, 324-336.

\*Equal contribution

#### CHAPTERS IN BOOKS

1. Hershfield, H.E. & Bartels, D. (2018). The future self. In Oettingen, G., Sevincer, A.T., & Gollwitzer, P.M. (eds). *The Psychology of Thinking about the Future* (89-109). The Guilford Press.
2. Morewedge, C. & Hershfield, H.E. (2015). Consumer prediction: Forecasted utility, psychological distance, and their intersection. In Norton, M., Rucker, D., & Lambertson, C. (eds.). *The Cambridge Handbook of Consumer Psychology* (pp. 65-89). New York, NY: Cambridge University Press.

3. Kray, L.J., Hershfield, H.E., George, L., & Galinsky, A.D. (2013). Twists of fate: Moments in time and what might have been in the emergence of meaning. In Markman, K., Proulx, T., & Lindberg, M. (eds.). *The Psychology of Meaning*. Washington, D.C.: American Psychological Association.
4. Hershfield, H.E., Brown, C.B., & Kray, L.J. (2013). Any second could be *the* second: How thinking about what might have been affects the emergence of meaning and commitment across the life span. In Routledge, C. & Hicks, J. (eds.). *The Experience of Meaning in Life: Classical Perspectives, Emerging Themes, and Controversies*.

#### OTHER

1. Fuchs, V. & Ersner-Hershfield, H. (2008). Inequality in length of life. *Stanford Institute for Economic Policy Research Policy Brief*. Stanford, CA.

#### INVITED TALKS

Purdue University, <i>Social Psychology</i>	March 2021
University of Pennsylvania, Wharton, <i>Behavioral Change for Good Seminar</i>	October 2020
Jindal Global Business School, <i>Centre for Research in Emerging Economies</i>	September 2020
University of Chicago, Booth, <i>Financial Decision-Making Meeting</i>	September 2020
University of Pennsylvania, Wharton, <i>Legal Studies &amp; Business Ethics</i>	(postponed)
Yale University, <i>Marketing</i>	April 2019
National University Singapore, <i>Public Policy</i>	August 2018
Behavioral Science & Policy Association	May 2018
Insead, <i>Marketing</i>	May 2018
Consumer Financial Protection Bureau	March 2018
University of California, Riverside, <i>Marketing</i>	February 2018
The National Academies of Sciences, Engineering, and Medicine	June 2017
University of Chicago, Booth, <i>Behavioral Science</i>	May 2017
University College London, <i>Experimental Psychology</i>	April 2017
Indiana University, Kelley, <i>Marketing</i>	April 2017
Cornell University, <i>Behavioral Economics and Decision Research</i>	March 2017
University of Arizona, Eller, <i>Marketing</i>	November 2016
University of Toronto, Rotman, <i>Marketing</i>	November 2015
UCSD, Rady, <i>Marketing</i>	March 2015
Duke University, Fuqua, <i>Marketing</i>	March 2015
USC, <i>Social Psychology</i>	January 2015
UCLA, <i>Social Psychology</i>	November 2014
UCSD, <i>Social Psychology</i>	November 2014
UC Berkeley, Haas, <i>Marketing</i>	January 2014
Stanford University, GSB, <i>Marketing</i>	January 2014
Harvard University Business School, <i>NOM</i>	January 2014
UCLA, Anderson, <i>Behavioral Decision Making</i>	October 2013
USC, Marshall, <i>Marketing</i>	October 2013
Princeton University, <i>Social Psychology</i>	September 2013
HEC Business School, <i>Marketing</i>	April 2013
University of Maastricht, <i>Finance</i>	April 2013
Harvard University Business School, <i>NOM</i>	March 2013
University of Pennsylvania, Wharton, <i>Marketing</i>	March 2013
Temple University, Fox, <i>Marketing</i>	February 2013

Yale University, <i>Psychology</i>	February 2013
Hewlett Foundation	February 2012
Carnegie Mellon University, <i>Behavioral Decision Research</i>	October 2011
NYU, <i>Social Psychology</i>	October 2011
Purdue University, <i>Consumer Science</i>	June 2011
Yale University, <i>Center for International Finance</i>	May 2011
University of Colorado, Leeds, <i>Marketing</i>	November 2010
Dartmouth, Tuck, <i>Marketing</i>	November 2010
NYU, Stern, <i>Marketing</i>	October 2010
UCLA, Anderson, <i>Marketing</i>	September 2010
Purdue University, <i>Psychology &amp; Gerontology</i>	January 2010
Northwestern University, <i>Psychology</i>	October 2009
Northwestern University, Kellogg, <i>Management</i>	March 2009
USC, <i>Psychology &amp; Gerontology</i>	January 2009

#### SELECTED CONFERENCE PRESENTATIONS AND SYMPOSIUM ORGANIZATION

1. Hershfield, H. E., Sharif, M., & Mogilner, C. (2021). *The relationship between discretionary time and well-being*. Talk to be presented at Society for Personality and Social Psychology Annual Conference, online.
2. Hershfield, H. E., Shu, S., & Benartzi, S. (2020). *Exploring methods to democratize savings*. Talk presented at Association for Consumer Research Conference, online.
3. Christensen, K., Hershfield, H. E., Maglio, S. M. (2019). *Reversing mental time travel to affect saving behavior*. Talk presented at Association for Consumer Research Conference, Atlanta, GA.
4. Sharif, M., Mogilner Holmes, C., & Hershfield, H. E. (2018). *The effects of being time poor and time rich on happiness*. Talk presented at Association for Consumer Research Conference, Dallas, TX.
5. John, E., Hershfield, H. E., & Shu, S. (2018). *A theory of goal maintenance: A distinct and vivid pre-goal self predicts post-goal maintenance behavior*. Talk presented at Association for Consumer Research Conference, Dallas, TX.
6. Reiff, J., Hershfield, H. E., & Quoidbach, J. (2018). *Examining the link between predicted identity change and future well-being*. Talk presented at Association for Consumer Research Conference, Dallas, TX.
7. Kappes, H.B., Gladstone, J., & Hershfield, H.E. (2018). "Financial consequences of believing that spending signals wealth." Paper presented at the Behavioral Decision Research in Management conference, Boston, MA.
8. Hershfield, H. E., Mogilner Holmes, C., & Aaker, J. (2017). *Rethinking time for well-being*. Talk presented at Association for Consumer Research Conference, San Diego, CA.
9. Hershfield, H.E. & Maglio, S. (2017). *When does the present end and the future begin?*. Paper presented at the Judgment and Decision Making PreConference at the Society for Personality and Social Psychology, San Antonio, TX.
10. Greenberg, A.E. & Hershfield, H.E. (2016). *Debt aversion and the trajectories of psychological pain*. Paper presented at the Association for Consumer Research Conference, Berlin, Germany.

11. Hershfield, H.E. & Mazar, N. (2016). *Consumer financial decision-making*. Symposium organized for the 10<sup>th</sup> Triennial Choice Symposium, Lake Louise, Canada.
12. Hershfield, H.E. & Kramer, L. (2016). *Examining the effect of social distance on financial decision-making*. American Economic Association Annual Meeting, San Francisco, CA.
13. Hershfield, H.E. (2015). *Consider the future self*. Paper presented at the Center for the Study of Time's Conference on New Directions in Time Research, Reykjavik, Iceland.
14. Alter, A. & Hershfield, H.E. (2015). *Approaching a new decade leads to a search for meaning*. Paper presented at the University of Southern California Service Operations and Consumer Behavior Workshop, Los Angeles, CA.
15. Goldsmith, K. & Hershfield, H.E. (2014). *Why observers are more forgiving of our self-indulgent behavior when the behavioral context is atypical*. Paper presented at the Society for Judgment and Decision Making Annual Conference, Long Beach, CA.
16. Goldsmith, Kelly and Hal E. Hershfield (2014). *Having Your Cake and Eating it Too: Why Self-indulgence is Judged Less Harshly in Atypical Behavioral Contexts*. Paper presented at the Association for Consumer Research North American Conference, Baltimore, MD.
17. Alter, A. & Hershfield, H.E. (2014). *Approaching a new decade leads to a search for meaning*. Paper presented at the Association for Consumer Research North American Conference, Baltimore, MD.
18. Maglio, S. & Hershfield, H.E. (2014). *When does the future start?* Paper presented at the Society for Personality and Social Psychology Annual Conference, Austin, TX.
19. Hershfield, H.E., van Gelder, J-L, & Nordgren, L.F. (2014). *Vividness of the future self predicts unethical behavior*. Paper presented at the Society for Personality and Social Psychology Annual Conference, Austin, TX.
20. Hershfield, H.E. & Roese, N. (2013). *Dual payoff warnings on credit card statements elicit suboptimal payoff decisions*. Paper presented at the Marketing in Israel Conference, Herzliya, Israel.
21. Tully, S.M., Hershfield, H.E., & Meyvis, T. (2013). *Making limited discretionary money last: Financial constraints increase preference for material purchases by focusing consumers on longevity*. Paper presented at the Society for Consumer Psychology Annual Conference, Miami, FL.
22. Tully, S.M., Hershfield, H.E., & Meyvis, T. (2013). *Making limited discretionary money last: Financial constraints increase preference for material purchases by focusing consumers on longevity*. Paper presented at the Association for Consumer Research Annual Conference, Chicago, IL.
23. Hershfield, H.E., Galinsky, A.D., & Roese, N. (2013). *Wanting What Almost Wasn't: Counterfactual Reflection Heightens Valuation of Branded Products*. Paper presented at the Association for Consumer Research Annual Conference, Chicago, IL.



24. Roese, N. & Hershfield, H.E. (2013). *Dual payoff warnings on credit card statements elicit suboptimal payoff decisions*. Paper presented at the American Psychological Association Annual Conference, Honolulu, HI.
25. Hershfield, H.E., Cohen, T., & Thompson, L. (2012). *Short horizons and tempting situations: Lack of continuity to our future selves leads to unethical decision making and behavior*. Paper presented at the Association for Consumer Research Annual Conference, Vancouver, Canada.
26. Hershfield, H.E. & Adler, J. (2012). *Mixed emotional experience is associated with and precedes improvements in psychological well-being*. Paper presented at the Association for Consumer Research Annual Conference, Vancouver, Canada.
27. Hershfield, H.E., & Galinsky, A.D. (2012). *Respect for the elderly predicts national and individual saving*. Paper presented at the Society for Consumer Psychology International Conference, Florence, Italy.
28. Goldstein, D. G. & Hershfield, H. (2012). Perceived adequacy of income in retirement among working and retired populations. Paper presented at Boulder Summer Conference on Consumer Financial Decision Making.
29. Hershfield, H.E. & Goldstein, D.G. (2012). *Making the future self more vivid to increase retirement saving*. Paper presented at the European Marketing Association Conference, Lisbon, Portugal.
30. Hershfield, H.E. & Thompson, L. (2012). *Short horizons and tempting situation: Lack of continuity to our future selves leads to unethical decision making and behavior*. Paper presented at the Society for Personality and Social Psychology Annual Conference, San Diego, CA.
31. Hershfield, H.E. & Cohen, T. (2012). *Psychological Approaches to Understanding and Preventing Unethical Behavior*. Symposium at the Society for Personality and Social Psychology Annual Conference, San Diego, CA.
32. Hershfield, H.E., Scheibe, S., Sims, T., & Carstensen, L.L. (2012). *When bad can be good: Mixed emotions benefit physical health across the adult life span*. Paper presented at the Society for Personality and Social Psychology Annual Conference, San Diego, CA.
33. Hershfield, H.E. & Goldstein, D.G. (2011). *Making the future self more vivid to increase retirement saving*. Paper presented at the Association for Consumer Research Annual Conference, St. Louis, MO.
34. Hershfield, H.E. (2011). *Don't stop thinking about tomorrow: How constructing the future self can transform intertemporal choice*. Paper presented at the American Council of Life Insurers Conference on "Picturing Your Retirement Income", Washington, DC.
35. Ersner-Hershfield, H. (2011). *Using video technology to enhance retirement saving*. Paper presented at *InvestmentNews* Retirement Income Summit, Chicago, IL.
36. Ersner-Hershfield, H., (2010). *Using novel methods in consumer research*. Paper presented at Federal Reserve Board Forum on Consumer Research & Testing, Washington, DC.

37. Ersner-Hershfield, H. & Goldstein, D.G. (2010). *Increasing retirement saving by making the future self more vivid*. Paper presented at Rand Behavioral Finance Forum, Washington, D.C.
38. Ersner-Hershfield, H., Wimmer, G.E., Knutson, B. (2009). Is it just in your head?: Neural measures of future self-continuity predict temporal discounting. Paper presented at the Society for Judgment and Decision Making Annual Conference, Boston, Massachusetts.
39. Olivola, C.Y. & Ersner-Hershfield, H. (2009). Seeing the future self as an other: Intertemporal choices as interpersonal decisions. Symposium at the Society for Judgment and Decision Making Annual Conference, Boston, Massachusetts.
40. Ersner-Hershfield, H., Wimmer, G.E., Knutson, B. (2009). Saving for the future self: Neural measures of future self-continuity predict temporal discounting. Paper presented at the Association for Consumer Research Annual Conference, Pittsburgh, Pennsylvania.
41. Ersner-Hershfield, H. & Carstensen, L.L. (2009). Long-term effects of poignancy on physical health. Paper presented at the Association for Psychological Science Annual Meeting, San Francisco, California.
42. Ersner-Hershfield, H., Wimmer, G.E., Knutson, B. (2008). Neural evidence for self-continuity in temporal discounting. Paper presented at the Society for Neuroscience Annual Conference, Washington, D.C.
43. Ersner-Hershfield, H. & Blanchard-Fields, F. (2008). The experience of mixed emotions. Symposium at the Society for Personality and Social Psychology Annual Conference, Albuquerque, New Mexico.
44. Ersner-Hershfield, H., Mikels, J.A., Carstensen, L.L. (2008). Poignancy: Mixed emotional experience in the face of meaningful endings. Paper presented at the Society for Personality and Social Psychology Annual Conference, Albuquerque, New Mexico.
45. Zhang, Xin, Ersner-Hershfield, H., Fung, H.H. (2007). Poignancy study in Hong Kong. Paper presented at the American Psychological Association's Annual Convention, San Francisco, California.
46. Ersner-Hershfield, H., Cooper, J., Ghahremani, D.G., Aron, A., Aron, E. N., Lichty, W., Mazaika, P. K., Gabrieli, S., Gabrieli, J.D.E. (2007). Do highly sensitive people have different brains?. Paper presented at the American Psychological Association's Annual Convention, San Francisco, California.
47. Ersner-Hershfield, H. & Carstensen, L.L. (2006). Emotional complexity in everyday life across the course of the lifespan. Paper presented at the Gerontological Society of America Annual Scientific Meeting, Dallas, Texas.
48. Ersner-Hershfield, H. & Mikels, J. A. (2005). Emotional Complexity across the Lifespan. Symposium at the Gerontological Society of America Annual Scientific Meeting, Orlando, Florida.

49. Ersner-Hershfield H., Mikels, J. A., Sullivan, S. J., & Carstensen, L. L. (2005). Poignancy: Mixed emotions in the face of a meaningful ending. Paper presented at the Gerontological Society of America Annual Scientific Meeting, Orlando, Florida.

## TEACHING EXPERIENCE

### *UCLA Anderson School of Management*

Introduction to Marketing, FEMBA, MBA (highest achieved rating: 5.0 / 5.0)

### *NYU Stern School of Business*

Introduction to Marketing, Undergraduate (highest achieved rating: 6.9 / 7.0)

### *Kellogg School of Management*

Negotiations, MBA (highest achieved rating: 9.70 / 10.0)

### *Stanford University*

Personality and Individual Differences: Co-Instructor (4.5 / 5.0)

Advanced Statistics Technique and Theory: Teaching Assistant

Introduction to Statistics: Head Teaching Assistant

Longevity: Head Teaching Assistant

Introduction to Social Psychology: Teaching Assistant

## ADVISING EXPERIENCE

### Dissertation Committee Chair

Kate Christensen, Marketing, UCLA Anderson, 2020

Joseph Reiff, Behavioral Decision Making, UCLA Anderson, 2020

### Dissertation Committee Co-Chair

Elicia John, Marketing, UCLA Anderson, 2019

### Dissertation Committee Member

David Zimmerman, Behavioral Decision Making, UCLA Anderson, 2020

Alex Siegel, Psychology, UCLA, 2019

Hye Min Bang, Management, Duke Fuqua, 2018

Charlene Chu, Marketing, UCLA Anderson, 2017

Daniel Walters, Management & Organizations, UCLA Anderson, 2017

Sarah Molouki, Marketing, University of Chicago Booth, 2017

Stephanie Tully, Marketing, NYU, 2015

Sara Robertson, Psychology, University of Southhampton, 2014

Sam Maglio, Psychology, NYU, 2012

## SERVICE

### Editorial Review Board

Journal of Consumer Research

### Ad-Hoc Reviewer

American Psychologist

Basic and Applied Social Psychology

Behavioral and Brain Sciences

Behavioral Public Policy

Behavioral Science & Policy  
Cognition  
Cognitive Development  
Cognitive Psychology  
Communication Research  
Computers and Human Behavior  
Current Directions in Psychological Science  
Developmental Psychology  
Emotion  
Experimental Aging Review  
European Journal of Social Psychology  
Financial Services Review  
International Journal of Psychology  
Journal of Affective Disorders  
Journal of the Association of Consumer Research  
Journal of Behavioral Decision Making  
Journal of Consumer Psychology  
Journal of Consumer Research  
Journal of Economic Behavior & Organization  
Journal of Economic Psychology  
Journal of Experimental Child Psychology  
Journal of Experimental Psychology: Applied  
Journal of Experimental Psychology: General  
Journal of Experimental Psychology: Learning, Memory, and Cognition  
Journal of Experimental Social Psychology  
Journal of Gerontology: Psychological Sciences  
Journal of Marketing Research  
Journal of Personality  
Journal of Personality Assessment  
Journal of Personality and Social Psychology  
Judgment and Decision Making  
Management Science  
Motivation and Emotion  
Nature Communications  
Organizational Behavior and Human Decision Processes  
Personality and Social Psychology Bulletin  
Perspectives on Psychological Science  
Proceedings of the National Academy of Sciences, USA  
Psychiatry: Interpersonal and Biological Processes  
Psychological Bulletin  
Psychological Review  
Psychological Science  
Psychology & Aging  
Psychoneuroendocrinology  
PLoS ONE  
Scientific Reports  
Self & Identity  
Social Cognition  
Social Cognitive and Affective Neuroscience  
Social Science Computer Review

### University Committees

Staffing Committee	UCLA Anderson	2017-present
Ph.D. Liaison, Behavioral Decision Making	UCLA Anderson	2017-present
Ph.D. Liaison, Marketing	UCLA Anderson	2017-present
Teaching Improvement Committee	UCLA Anderson	2016-present
Teaching Innovation Task Force	UCLA Anderson	2016-2018
Seminar Series Organizer	UCLA Anderson	2015-2016
Legislative Assembly Representative	UCLA	2015-2017
Colloquium Series Organizer	NYU Stern	2012-2013
JDM Journal Club Organizer	NYU Stern	2011-2014
Colloquium Committee	Stanford University	2007-2008
Search Committee for the Dean of Humanities and Sciences	Stanford University	2008

### PROFESSIONAL AFFILIATIONS

Association for Psychological Science  
 Association for Consumer Research  
 Society for Consumer Psychology  
 Society for Experimental Social Psychology  
 Society for Judgment and Decision Making  
 Society for Personality and Social Psychology

### GRANTS

2020	Price Center for Entrepreneurship, with Kate Christensen, \$10,000
2015	Science of Imagination, Templeton Foundation, with Diana Tamir and Adam Waytz, \$200,000
2013	University of Chicago New Paths to Purpose, with Dan Goldstein, \$62,500
2011	Yahoo! Faculty Research and Engagement Award, with Dan Goldstein, \$10,000
2010	Transformative Consumer Research Grant from Association for Consumer Research, with Dan Goldstein, \$2,500
2009	Dispute Resolution Research Center Grant, \$4,000
2008	Russell Sage Foundation Small Grant in Behavioral Economics, \$5,000
2008	Center on Advancing Decision Making in Aging, Seed Grant with Christopher Bryan and Lee Ross: Exploring the effectiveness of duty-based arguments for retirement saving, \$38,000
2007	Center on Advancing Decision Making in Aging, Seed Grant with Jeremy Bailenson: The vividness of your future self: Using immersive virtual reality to increase retirement saving, \$38,000
2007	Center on Advancing Decision Making in Aging, Seed Grant with Brian Knutson and Kacey Ballard: Investing in the future you: Delay discounting in younger and older adults, \$40,000
2004	Norman H. Anderson Research Grant, \$1,000